

JANUARY 2025

**GROW & ACHIEVE
TOGETHER**

NEWSLETTER



Grow &
Achieve
Together

PROJECT BARC

Introducing our new project that encourages interns to set up their own businesses, such as dog walking – Project BARC!

Two of our Supported Intern Students had such a passion for dogs that we thought we'd help them to build their OWN business. So, we're job coaching them on just that – setting up a viable dog walking business in their own local areas. We're letting them practice with employee pooches first, teaching them all about social media, finance and everything else self-employed.



CHECK OUR FACEBOOK FOR DAILY UPDATES:
[HTTPS://WWW.FACEBOOK.COM/GROWANDACHIEVETOGETHER](https://www.facebook.com/growandachievetogether)

NEW JOB COACH

Our new job coach Sharni has started working at Chrysalis, helping out with Project BARC and continuing our rapid growth that we have seen over the past 12 months.



BREW MONDAY

On 20th January, we donned our brightest jumpers to spread awareness of talking over a nice cup of tea. Did you participate in Brew Monday?

Interns at our warehouse, Chrysalis, have been busy creating some guitar shaped tables and clocks from recycled wood.

CHRYSLIS UPDATE



UPCOMING SPECIAL DATES

NATIONAL PIZZA DAY – 9TH FEBRUARY

National Pizza Day celebrates all things pizza and pays tribute to the impact on culture and pizza's status as the ultimate comfort food that unites people in shared moments of joy.



WORLD RADIO DAY – 13TH FEBRUARY

World Radio Day celebrates radio as a medium of communication and raises awareness among the public and the media about the importance of radio in daily life.



RANDOM ACTS OF KINDNESS DAY – 17TH FEBRUARY

Random Acts of Kindness Day celebrates and encourages random acts of kindness. Say something nice to a stranger, donate to a food bank or even just saying "thank you" to someone who makes a difference..



SAFER INTERNET DAY – 11TH FEBRUARY

Safer Internet Day is the UK's biggest celebration of online safety and promotes the safe, responsible and positive use of digital technology for children and young people.



VALENTINE'S DAY – 14TH FEBRUARY

Valentine's day - a famous day for celebrating romantic love, friendship and admiration between people. Make sure to celebrate it with family, friends and/or others!



WORLD POKEMON DAY – 27TH FEBRUARY

The annual celebration of one of the world's most favourite games - Pokémon - celebrates the release of the original versions of the game when it first came out the in Japan the same day back in 1996.

QUOTE OF THE MONTH

“Never allow a person to tell you no who doesn’t have the power to say yes.”

– Eleanor Roosevelt

JOKE OF THE MONTH

“I bought a new pen that can write underwater!

...it can also write other words too.”

NEW!

RIDDLE OF THE MONTH

What is always in front of you,
but can’t be seen?

(The answer is somewhere in this newsletter...)

Hello, this is my first newsletter as a full staff member of
the Grow & Achieve Together team!

I hope you enjoy reading this newsletter!

– Alex

Web & Admin Assistant